



Heart ‘omics’ in AGEing (HOMAGE): design, research objectives and characteristics of the common database

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Received 08 March 2014, Revised 31 March 2014, Accepted 24 June 2014, Epub 31 July 2014

Abstract

Heart failure is common in older people and its prevalence is increasing. The Heart ‘omics’ in AGEing (HOMAGE) project aims to provide a biomarker approach that will improve the early diagnosis of heart failure. A large clinical database, based on (1) prospective population studies or (2) cross-sectional, prospective studies or randomized controlled trials (RCTs) of patients at risk for or with overt cardiovascular disease will be constructed to determine most promising ‘omics’-based biomarkers to identify the risk of developing heart failure and/or comorbidities. Population studies, patient cohorts and RCTs are eligible for inclusion in the common database, if they received ethical approval to obtain and share data and have baseline information on cardiovascular risk fac-

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The authors reported no conflict of interests.

tors. Currently, the HOMAGE database includes 43,065 subjects, from 20 studies in eight European countries, including healthy subjects from three population studies in France, Belgium and Italy ($n = 7,124$), patients with heart failure ($n = 4,312$) from four cohorts in the UK, Spain and Switzerland and patients at high risk for cardiovascular disease ($n = 31,629$) in 13 cohorts. It is anticipated that more partners will join the consortium and enlarge the pooled data. This large merged database will be a useful resource with which to identify candidate biomarkers that play a role in the mechanism underlying the onset and progression of heart failure.

Keywords: left ventricle, heart failure, heart failure with reduced ejection fraction, heart failure with preserved ejection fraction, population science, morbidity, mortality

INTRODUCTION

Heart failure is a progressive disease and is generally preceded by asymptomatic structural and functional changes in the heart. It further evolves into clinically overt heart failure, disability and death^[1,2]. The prognosis of heart failure remains poor^[3] and the 5-year mortality rate of symptomatic heart failure is about 60%^[4-6].

Heart failure is a major public health concern with a prevalence of about 1–2% of the adult population in developed countries. It is a common disease in older people ($\geq 10\%$ among persons ≥ 75 years) and its prevalence is increasing as more people survive into old age^[4,7]. Heart failure is the single most common cause for hospital admission (5% of all medical and geriatric admissions) in people aged over 65 years^[4,8]. Furthermore, it is complicated by many other medical problems common in older people, such as renal dysfunction, pulmonary disease, depression, cognitive decline, cerebrovascular disease and diabetes mellitus^[4,7].

The diagnosis of heart failure can be difficult, especially in the early stages, since many of the symptoms and signs of heart failure are non-specific and thus do not discriminate between heart failure and other problems^[9-11]. Echocardiography is the most useful test in patients with suspected heart failure^[12]. However, echocardiography is poorly suited for large scale routine screening. Plasma concentrations of natriuretic peptides are better suited as screening tool than echocardiography but their diagnostic accuracy is insufficient in detecting early cardiac dysfunction and they provide little information on etiology^[13].

The availability of effective large-scale screening tools for the identification of patients at risk of heart failure (predictive markers) or at an early stage of heart failure (diagnostic markers) is a major unmet clinical need. The concept of the Heart ‘omics’ in AGEing (HOMAGE) project, an EU FP7 program led by Faiez Zannad (University of Lorraine, Nancy, France, www.homage-hf.eu) is to identify ‘omics’-based bio-

markers that can detect pathological processes predictive of the development of heart failure to allow early therapeutic interventions for preventing heart failure. The first step in this process is to develop a large database of existing cohorts, including healthy individuals, persons at risk of developing heart failure and patients with heart failure. This database will be used to identify and validate the predictive value of ‘omics’-based biomarkers in the progression of heart failure.

MATERIALS AND METHODS

Selection of studies

Eligible studies include population studies, patient cohorts and randomized controlled trials (RCTs). The studies should have received ethical approval to obtain and share data, have baseline information on cardiovascular risk factors and subsequent follow-up reports of fatal and non-fatal outcomes, including heart failure. Fourteen partners (**Supplementary Table 1**, available online) involved in the HOMAGE-consortium contributed data from completed and ongoing studies. **Supplementary table 2** (available online) gives a description of the work and work packages’ leaders involved in HOMAGE.

For database management and statistical analyses, SAS software version 9.3 (SAS Institute, Cary, NC, USA) will be used.

Data collection

The HOMAGE database is constructed and maintained at the Studies Coordinating Centre in Leuven, Belgium. By sending their data, the contributing partner confirmed that their study complies with good clinical practice (Helsinki Declaration), all participants provided written informed consent and the study conformed to national regulations on clinical research in humans and privacy at the time of its conduct. Each investigator received summary statistics of his cohort, after integration of the data into the common database,

to ensure that correct information is incorporated. The database will be held in strict confidence and will not be used in any publication without the permission of the investigators who have contributed their data.

Data requested from each contributing partner includes baseline characteristics of each participant, anthropometrics, previous medical history and medication use, routine hematological and biochemical measurements, ECG data and echocardiographic variables. If available, information on already measured biomarkers related to left ventricular dysfunction and heart failure is included. For cohorts where follow-up is still ongoing and that do not have outcome information available at this moment, the database will be updated at regular time points.

At the start of the project, each contributing partner provided a detailed data dictionary that lists all variables made available, describing the variables' names, formats, labels and coding systems used.

Definition of events

Within the HOMAGE consortium an endpoint adjudication committee is established to agree on definitions and criteria to classify clinical events and phenotypes, in particular heart failure events, left ventricular dysfunction, hypertension, diabetes, atrial fibrillation, chronic obstructive pulmonary disease, coronary, cerebrovascular and chronic kidney disease. This committee will retrospectively assess the quality of the endpoint adjudication of the available studies incorporated in the common database

Research objectives

The main goal of the HOMAGE project is to provide a novel set of 'omics' based biomarkers that will greatly improve the detection of patients at risk of developing heart failure, improve the accuracy of diagnosis and identify patient subsets based on mechanistic phenotypes with a greater likelihood of response to targeted preventive therapies. We therefore collected data from well-phenotyped cohorts, that include both healthy persons and patients at risk of developing heart failure, or with overt heart failure. The diversity of the populations in terms of age, geography and presence or absence of underlying diseases will provide unique information on the determinants and utility of candidate biomarkers.

First, we will validate the ability of distinct 'omics' biomarkers to predict the development of heart failure. Therefore, cases, persons who developed heart failure, and corresponding controls will be defined within the available cohorts.

Other analyses related to information available in the common database can be proposed by each investigator of the HOMAGE consortium and will first be reviewed by the HOMAGE steering committee in terms of the research question and statistical soundness.

RESULTS

Currently, the HOMAGE database includes baseline information of 20 existing cohorts consisting of a total of 43065 subjects from eight European countries (**Fig. 1**).

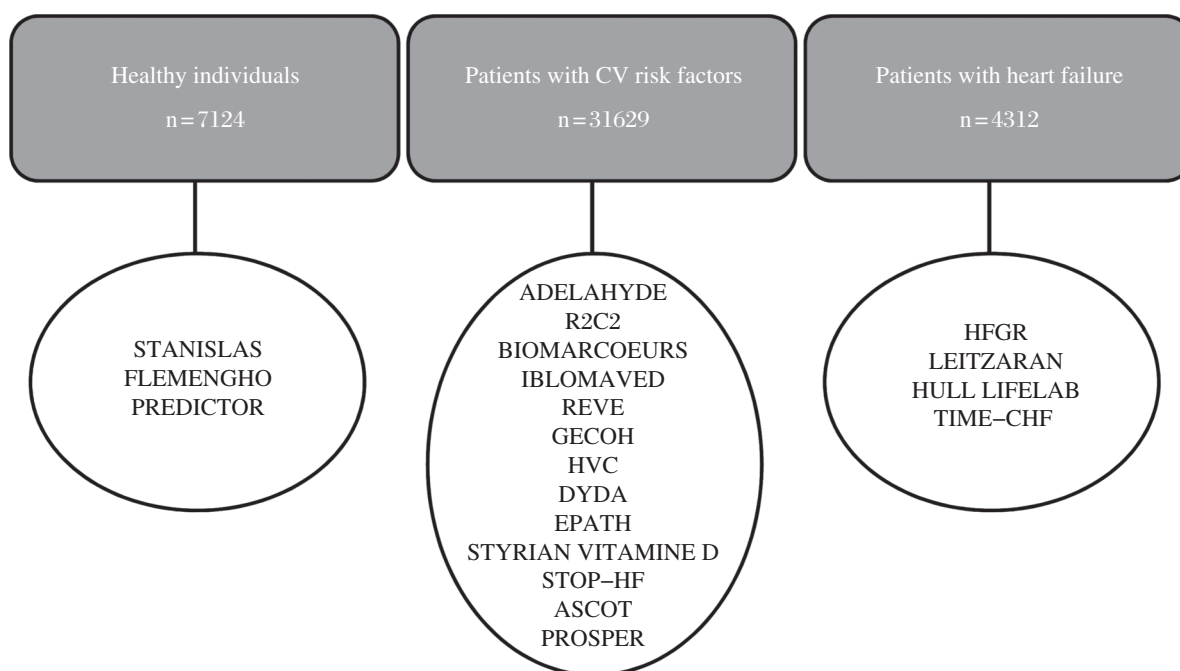


Fig. 1 Overview of studies included in the HOMAGE database

Table 1 Baseline characteristics of population cohorts

Healthy subjects	STANISLAS	FLEMENGHO	PREDICTOR
Number of patients	4295	828	2001
Women, No. (%)	2138 (50)	421 (51)	967 (48)
Age, years	27 ± 14	51 ± 16	73 ± 5
Body mass index, kg/m ²	21.9 ± 4.4	26.6 ± 4.4	26.5 ± 4.2
Weight, kg	58.6 ± 17.7	75.8 ± 14.5	72.9 ± 13.5
Height, cm	162 ± 14	169 ± 9	166 ± 9
Smokers, No. (%)	793 (19)	169 (20)	259 (13)
Consume alcohol, No. (%)	1501 (35)	571 (69)	1177 (59)
Hypertension, No. (%)	NA	333 (43)	1157 (58)
Diabetes mellitus, No. (%)	NA	10 (1.2)	332 (17)
Heart failure, No. (%)	NA	6 (0.72)	128 (6)
Systolic blood pressure, mmHg	119 ± 13	129 ± 17	139 ± 17
Diastolic blood pressure, mmHg	67 ± 13	80 ± 10	81 ± 9
Heart rate, beats per minute	70 ± 12	61 ± 10	71 ± 12
Cholesterol, mmol/L	5.2 ± 1.1	5.3 ± 0.97	5.3 ± 1.0
Glucose, mmol/L	5.0 ± 0.55	4.9 ± 0.81	5.8 ± 1.6
Hemoglobin, g/dL	14.2 ± 1.2	13.8 ± 1.3	14.0 ± 1.3
Red blood cell count, 10 ¹² cells/L	4.8 ± 0.38	4.6 ± 0.41	4.7 ± 0.47
White blood cell count, 10 ⁹ cells/L	7.0 ± 1.8	6.4 ± 1.8	6.4 ± 2.8
Platelets, 10 ⁹ cells/L	284 ± 62	233 ± 59	232 ± 68
Creatinine, µmol/L	73.3 ± 15.3	84.2 ± 16.2	84.9 ± 23.7
BNP, pg/mL	NA	NA	NA
NT-proBNP, pg/mL	NA	NA	92 (47–186)
Left ventricular mass, g	NA	172 ± 49	166 ± 48
Left ventricular ejection fraction, %	NA	69 ± 7	66 ± 7
Proportion with LVEF <40%	NA	2 (0.28)	28 (1.5)
Proportion with LVEF 40–50%	NA	7 (0.98)	33 (1.8)
Proportion with LVEF >50%	NA	702 (98.7)	1797 (96.7)
E/A ratio	NA	1.3 ± 0.50	0.80 ± 0.25

Data are reported as number (%), mean ± SD or median (25th–75th percentile) for non-normally distributed variables.

NA: data not available within the cohort

Of these 20 cohorts, three studies are population studies (**Table 1**). Thirteen cohorts (**Table 2** and **3**) consist of data from patients with cardiovascular risk and four studies include patients with (suspected) heart failure (**Table 4**). Information on outcome, if currently available, is given in **Table 5**. Inclusion of new studies and regular updates of existing cohorts on follow-up of the subjects and on information of morbidity and mortality is planned.

Population cohorts

Description

The STANISLAS cohort is a family cohort consisting of 4,295 healthy participants (1,006 families). The participants were identified from the files of the State Health Insurance Fund and invited to the Center for Preventive Medicine of Vandoeuvre-lès-Nancy (eastern France). The first visit was scheduled between

1993–1995. After the initial examination, participants have been followed up 3 times every 5 years^[14,15].

The second population cohort is a large-scale family-based study on the genetic epidemiology of cardiovascular phenotypes, the FLEMish study on Environment, Genes and Health Outcome (FLEMENGHO). Recruitment started in 1985 through 1999, in a random sample of households living in a geographically defined area of Northern Belgium^[16,17]. From 2005 until 2010, 1,208 former participants were invited for a follow-up examination at the field center, including echocardiography. 828 participants renewed their informed consent and are included in the HOMAGE database. Follow-up of these participants is still ongoing.

A third population-based study is the PREDICTOR cohort. From 2007 to 2010, a sample of 2001 elderly (aged 65–84 years) residents of the Lazio region in cen-

Table 2 Baseline characteristics of CV-risk patient cohorts

CV-risk patients	ADELAHYDE	R2C2	BIOMARCOEURS	IBLOMAVED	REVE	GECOH	HVC
Number of patients	378	169	1117	502	512	266	1880
Women, No. (%)	205 (54)	87 (51.5)	473 (42.3)	156 (31.1)	113 (22.1)	162 (60.9)	961 (51.1)
Age, years	70 ± 6	55 ± 6	71 ± 16	60 ± 13	58 ± 14	50 ± 17	58 ± 15
Body mass index, kg/m ²	28.0 ± 4.3	28.8 ± 5.3	26.6 ± 6.2	27.0 ± 5.4	27.1 ± 4.7	28.7 ± 6.3	27.3 ± 5.4
Weight, kg	76.1 ± 14.0	80.7 ± 16.4	74.4 ± 18.3	77.2 ± 18.1	78.5 ± 15.1	82.9 ± 19.0	79.4 ± 17.4
Height, cm	165 ± 9	167 ± 9	167 ± 9	169 ± 9	170 ± 8	170 ± 9	170 ± 10
Smokers, No. (%)	30 (7.9)	24 (14)	261 (23)	67 (14)	238 (47)	29 (11)	362 (19)
Consume alcohol, No. (%)	258 (68)	125 (74)	112 (10)	NA	NA	114 (43)	NA
Hypertension, No. (%)	378 (100)	NA	614 (55)	227 (45)	209 (41)	269 (100)	784 (42)
Diabetes mellitus, No. (%)	40 (11)	NA	291 (26)	100 (20)	111 (22)	25 (9)	211 (11)
Heart failure, No. (%)	NA	NA	361 (32)	332 (66)	NA	NA	53 (3)
Systolic blood pressure, mmHg	139 ± 18	125 ± 14	138 ± 30	124 ± 23	111 ± 16	154 ± 23	143 ± 24
Diastolic blood pressure, mmHg	74 ± 10	77 ± 9	79 ± 17	76 ± 14	64 ± 12	94 ± 14	83 ± 12
Heart rate, beats per minute	64 ± 10	63 ± 9	94 ± 25	72 ± 16	70 ± 13	71 ± 11.9	74 ± 14
Cholesterol, mmol/L	5.6 ± 0.89	5.7 ± 0.96	NA	4.4 ± 1.3	NA	5.2 ± 0.98	5.4 ± 2.0
Glucose, mmol/L	5.7 ± 1.5	5.1 ± 0.89	8.5 ± 4.8	NA	NA	5.3 ± 1.4	6.0 ± 4.0
Hemoglobin, g/dL	NA	NA	12.6 ± 1.9	13.5 ± 1.8	NA	14.1 ± 1.2	14.2 ± 1.4
Red blood cell count, 10 ¹² cells/L	NA	NA	NA	NA	NA	4.8 ± 0.42	NA
White blood cell count, 10 ⁹ cells/L	NA	NA	10.0 ± 6.4	7.5 ± 2.4	NA	6.3 ± 2.2	NA
Platelets, 10 ⁹ cells/L	NA	NA	NA	NA	NA	253 ± 65	NA
Creatinine, µmol/L	NA	84.6 ± 11.9	116.2 ± 90.4	108.9 ± 66.8	NA	83.9 ± 53.2	88.7 ± 44.4
BNP, pg/mL	NA	NA	713 (211–1583)	493 (315–1750)	NA	NA	NA
NT-proBNP, pg/mL	NA	NA	NA	NA	NA	78 (40–167)	32 (10–130)
Left ventricular mass, g	NA	162 ± 50	NA	NA	NA	NA	NA
Left ventricular ejection fraction, %	NA	68 ± 7	45 ± 17	46 ± 20	49 ± 9	NA	61 ± 8
Proportion with LVEF <40%	NA	0	198 (37)	217 (45)	70 (14)	NA	43 (3)
Proportion with LVEF 40–50%	NA	0	91 (17)	60 (12)	193 (38)	NA	54 (4)
Proportion with LVEF >50%	NA	154 (100)	246 (46)	209 (43)	244 (48)	NA	1167 (92)
E/A ratio	NA	1.2 ± 0.33	NA	NA	NA	NA	1.2 ± 3.3

Data are reported as number (%), mean ± SD or median (25th–75th) for non-normally distributed variables.

NA: data not available within the cohort

tral Italy, was randomly selected from the Regional Health Registry^[18].

Characteristics

Baseline characteristics of these population cohorts, including 7124 subjects, are given in **Table 1**. Overall 3526 (49%) are women and 1221 are smokers (17%), with a mean (standard deviation [SD]) age of 43 (24) years and a mean (SD) body mass index of 24 (5) kg/m².

Cardiovascular risk patient cohorts and RCTs

Description

ADELAHYDE is a cross-sectional study of 378 hypertensive, elderly (> 65 years) patients, treated with at least one antihypertensive agent and presenting with subjective memory complaints. Patients were recruited between 2003 and 2005 by local press advertisements or referred by general practitioners from

an investigator network of the Inserm Clinical Investigation Center, France^[19].

The R2C2 cohort on obesity and heart failure risk factors aims to investigate the transition from obesity to heart failure and consists of 169 subjects with abdominal obesity, born or living in France for at least 10 years, that had been recruited between 2006 and 2009^[20]. No outcome information is available.

BIOMARCOEURS recruited 1,117 French patients with a primary complaint of acute dyspnea at the emergency department. Follow-up, by phone contact, was performed after one year^[21].

The IBLOMAVED cohort includes 502 subjects, born or living in France for at least 10 years, and was designed to investigate biomarkers of asymptomatic left ventricular dysfunction. The selected subjects are both patients at risk of developing heart failure as well as

Table 3 Baseline characteristics of CV-risk patient cohorts (continuation of Table 2)

CV-risk patients	DYDA	EPATH	STYRIAN VITD	STOP-HF	ASCOT	PROSPER
No. of patients	937	40	286	481	19257	5804
Women, No. (%)	358 (38)	32 (80.0)	136 (48)	264 (55)	4515 (24)	3000 (52)
Age, years	62±8	69±10	60±11	67±10	63±9	75±3
Body mass index, kg/m ²	28.6±4.4	28.7±6.4	29.5±4.8	30.3±4.8	28.7±4.6	26.8±4.2
Weight, kg	79.5±14.6	75.0±16.9	84.7±17.6	85.4±16.3	84.6±15.5	73.4±13.4
Height, cm	167±10	162±9	169±9	168±10	172±9	165±9
Smokers, No. (%)	179 (19)	4 (10)	42 (14)	36 (8)	6277 (33)	1558 (27)
Consume alcohol, No. (%)	NA	19 (48)	239 (84)	298 (62)	14294 (74)	3228 (56)
Hypertension, No. (%)	602 (64)	24 (60)	286 (100)	NA	19257 (100)	3592 (62)
Diabetes mellitus, No. (%)	937 (100)	3 (8)	58 (20)	145 (30)	5145 (27)	623 (11)
Heart failure, No. (%)	0	4 (10)	NA	0	0	0
Systolic blood pressure, mmHg	137±15	143±20	141±18	132±17	164±18	155±22
Diastolic blood pressure, mmHg	80±8	87±11	87±12	82±11	95±10	84±12
Heart rate, beats per minute	73±10	66±11	63±10	70±12	72±13	NA
Cholesterol, mmol/L	5.0±0.95	5.1±1.1	5.2±1.2	4.7±0.94	5.9±1.1	5.7±0.91
Glucose, mmol/L	8.3±2.3	5.5±1.2	6.0±1.9	7.1±2.7	6.2±2.1	NA
Hemoglobin, g/dL	NA	13.7±1.4	14.2±1.3	NA	NA	NA
Red blood cell count, 10 ¹² cells/L	NA	4.6±0.44	4.8±0.40	NA	NA	NA
White blood cell count, 10 ⁹ cells/L	NA	6.1±1.8	5.9±1.6	NA	NA	NA
Platelets, 10 ⁹ cells/L	NA	225±64	234±61	NA	NA	NA
Creatinine, µmol/L	80.3±23.7	73.5±15.8	82.7±23.6	NA	98.7±16.8	NA
BNP, pg/mL	NA	NA	NA	24 (12–52)	NA	NA
NT-proBNP, pg/mL	36 (16–69)	112 (51–186)	85 (45–159)	NA	NA	NA
Left ventricular mass, g	172±42	NA	NA	178±49	NA	NA
Left ventricular ejection fraction, %	61±5	64±9	NA	67±8	NA	NA
Proportion with LVEF <40%	3 (0.44)	1 (3)	NA	2 (0.42)	NA	NA
Proportion with LVEF 40–50%	16 (2)	1 (3)	NA	9 (2)	NA	NA
Proportion with LVEF >50%	669 (97)	34 (94)	NA	465 (98)	NA	NA
E/A ratio	0.89±0.24	0.95±0.38	NA	0.85±0.27	NA	NA

Data are reported as number (%), mean±SD or median (25th–75th) for non-normally distributed variables.

NA: data not available within the cohort

patients with heart failure. IBLOMAVED is a cross-sectional study, with no follow-up data^[22].

Together, REVE-1 (n = 266) and REVE-2 (n = 246) include 512 patients with anterior acute myocardial infarction and were designed to study left ventricular remodelling after myocardial infarction. Recruitment took place in Region Nord-Pas-de-Calais, France between 2002 and 2004 for REVE-1^[23] and between 2006 and 2008 for REVE-2^[24]. At this moment, all patients have been followed-up two times at 3 months and at 12 months after the baseline examination, during hospitalization.

The Graz Endocrine Causes of Hypertension (GECOH) study is a single center study in patients referred for endocrine hypertension to the outpatient clinic of a tertiary care center^[25]. Currently, baseline data from 266 Austrian patients are available.

The HVC database consists at this moment of 1,880 patients referred to the cardiovascular outpatient clinic of Maastricht University, Netherlands, for a consultation by a cardiologist for the first time. Both baseline and follow-up information is available.

The left ventricular Dysfunction in DIAbetes (DYDA) cohort assessed the prevalence of left ventricular systolic or diastolic dysfunction in 937 patients with diabetes. Patients were recruited from 37 Italian diabetes referral centers from 2006 until 2008. Follow-up data up until 24 months are available^[26].

EPATH is a single-center, double-blind, placebo controlled, randomized, parallel group trial in patients with primary hyperparathyroidism, who are randomized to receive eplerenone or placebo^[27]. This trial is ongoing and at this moment baseline information of 40 subjects is available.

Table 4 Baseline characteristics of heart failure patient cohorts

Heart failure patients	<i>HFGR</i>	<i>LEITZARAN</i>	<i>HULL LIFELAB</i>	<i>TIME-CHF</i>
Number of patients	218	233	3239	622
Women, No. (%)	59 (27)	109 (46)	1068 (33)	253 (40.7)
Age, years	67 ± 13	74 ± 9	71 ± 11	77 ± 8
Body mass index, kg/m ²	28.7 ± 5.6	31.3 ± 5.3	29.2 ± 6.0	25.6 ± 4.4
Weight, kg	82.6 ± 19.2	79.4 ± 16.3	82.4 ± 19.3	72.0 ± 14.2
Height, cm	171 ± 10	159 ± 10	168 ± 10	167 ± 9
Smokers, No. (%)	NA	NA	300 (9)	74 (12)
Consume alcohol, No. (%)	NA	18 (8)	1179 (36)	NA
Hypertension, No. (%)	92 (42)	233 (100)	1115 (35)	462 (74)
Diabetes mellitus, No. (%)	75 (34)	0 (0)	784 (24)	222 (36)
Heart failure, No. (%)	218 (100)	233 (100)	2306 (71)	622 (100)
Systolic blood pressure, mmHg	121 ± 22	148 ± 24	137 ± 25	122 ± 20
Diastolic blood pressure, mmHg	68 ± 11	85 ± 13	79 ± 14	72 ± 12
Heart rate, beats per minute	72 ± 14	79 ± 20	74 ± 17	76 ± 14
Cholesterol, mmol/L	4.0 ± 1.2	5.2 ± 1.8	4.4 ± 1.3	4.2 ± 1.1
Glucose, mmol/L	8.0 ± 3.3	6.0 ± 1.7	6.8 ± 2.9	6.7 ± 2.4
Hemoglobin, g/dL	13.0 ± 1.9	14.0 ± 1.5	13.3 ± 3.7	13.1 ± 1.8
Red blood cell count, 10 ¹² cells/L	NA	4.6 ± 0.47	NA	4.3 ± 0.60
White blood cell count, 10 ⁹ cells/L	7.7 ± 2.7	7.0 ± 1.8	7.6 ± 2.8	7.8 ± 4.9
Platelets, 10 ⁹ cells/L	223 ± 71	223 ± 58	242 ± 95	NA
Creatinine, µmol/L	111.2 ± 34.8	96.4 ± 33.8	105.7 ± 50.6	115.9 ± 38.4
BNP, pg/mL	NA	NA	NA	NA
NT-proBNP, pg/mL	NA	NA	880 (279–2088)	3836 (1919–6895)
Left ventricular mass, g	NA	270.6 ± 115.8	271.6 ± 116.0	NA
Left ventricular ejection fraction, %	35 ± 12	55 ± 16	41 ± 14	35 ± 13
Proportion with LVEF <40%	70 (65)	24 (17)	880 (51)	402 (65)
Proportion with LVEF 40–50%	20 (19)	21 (15)	360 (21)	108 (17)
Proportion with LVEF >50%	17 (16)	96 (68)	481 (28)	112 (18)
E/A ratio	NA	0.90 ± 0.46	1.1 ± 0.85	NA

Data are reported as number (%), mean ± SD or median (25th–75th) for non-normally distributed data.

NA: data not available within the cohort

The Styrian Vitamin D Hypertension trial is a randomized double-blind placebo controlled trial with the main aim to study the effects of vitamin D supplementation on systolic blood pressure in vitamin D deficient hypertensive patients recruited from Austria. The trial is ongoing and currently baseline data from 286 subjects are available.

The St Vincent's Screening to Prevent Heart Failure Study (STOP-HF) is a parallel-group randomized trial involving 1,374 participants with cardiovascular risk factors recruited from 39 primary care practices in Ireland between 2005 and 2009 and followed up until 2011, with a mean follow-up time of 4.2 years^[28]. Patients were randomly assigned to receive usual primary care or screening with brain natriuretic peptide (BNP) testing (n = 697). Baseline and follow-up information of 481 of the 1,374 subjects is now included in the common database.

Patients included in the multicenter, prospective, randomized Anglo-Scandinavian Cardiac Outcomes Trial (ASCOT) are also included in the common database^[29,30]. The 19,257 hypertensive patients were recruited between 1998 and 2000, and randomized to amlodipine adding perindopril as required to reach blood-pressure targets (amlodipine-based regimen) or atenolol adding bendroflumethiazide and potassium as required (atenolol-based regimen). The median follow-up was 5.5 years.

The PROspective study of pravastatin in the elderly at risk (PROSPER) cohort contributes 5804 elderly subjects (≥ 70 years) with vascular disease or at high risk of developing vascular disease. This double-blind, randomized, placebo-controlled trial was designed to examine the hypothesis that pravastatin, at a dose of 40 mg/day, would reduce the risk of cardiovascular and cerebrovascular events in elderly subjects.

Recruitment took place between 1997 and 1999, with a median follow-up of 3.3 years^[31,32].

Characteristics

The baseline characteristics of these 31,629 patients are given in **Table 2** and **3**. The thirteen cohorts (both observational studies and RCTs) include 10,462 women and 9,107 smokers with a mean (SD) age of 65 (11) years and a mean (SD) body mass index of 28 (5) kg/m². Twenty-four percent of the patients suffer from diabetes mellitus, while 85 % report a history of hypertension.

Heart failure patient cohorts and RCTs

Description

The Heart Failure Glucose Regulation (HFGR) cohort consists of baseline data from 218 patients with heart failure and left ventricular systolic dysfunction, attending heart failure clinics in Manchester. Patients are followed up every 12 months over a 5 year period. As follow-up is still ongoing, no outcome information is available at this moment.

LEITZARAN contributes data from 233 Spanish patients with heart failure of hypertensive origin. Currently, no follow-up information is available.

The HULL LIFELAB cohort includes 3,239 patients with suspected heart failure. Both baseline and outcome information are available within this cohort.

Data from The Trial of Intensified versus standard Medical therapy in Elderly patients with Congestive Heart Failure (TIME-CHF) were contributed to the database^[33]. TIME-CHF is a multicenter, randomized trial conducted in 15 centers in Switzerland and Germany. Patients aged 60 years or older with dyspnea (New York Heart Classification NYHA class \geq II with current therapy), a history of hospitalization for heart failure within the last year, and an nt-proBNP level of \geq 400 pg/mL (in patients younger than 75 years) or a level of 800 pg/mL (in patients aged 75 years or older) were eligible for inclusion. The study randomized 499 symptomatic heart failure patients with a left ventricular ejection fraction of \leq 45% to intensified, NT-proBNP-guided versus a standard, symptom-guided therapy. Baseline data from 622 patients are included in the common database (499 randomized patients + additional 123 patients with a left ventricular ejection fraction of $>$ 45%).

Characteristics

Table 4 summarizes the baseline characteristics of the 4,312 heart failure patients from these four studies, with mean (SD) age of 72 (11) years, and with a proportion of 1,376 (53%) patients with left ventricular

Table 5 Outcome information

	STANISLAS	FLEMENGHO	PREDICTOR	HULL LIFELAB	BIOMARCOEURS	REVE	HVC	DYDA	STOP-HF	TIME-CHF	ASCOT	PROSPER
Number of patients	2979	828	1851	3239	934	470	732	933	481	622	19257	5804
Median FU, years (5 th -95 th percentile)	6.9 (4.2-18.3)	6.1 (3.7-7.4)	3.9 (2.7-5.0)	4.7 (1.8-8.9)	1.1 (0.23-2.4)	1.0 (0.91-1.3)	0.9 (0.05-4.8)	2.0 (1.8-2.3)	2.0 (1.0-2.5)	2.2 (0.1-4.7)	5.5 (3.9-6.6)	3.3 (1.7-3.8)
Total mortality	18 (0.6)	27 (3.3)	135 (7.3)	1007 (31)	142 (15)	19 (4.0)	121 (17)	15 (1.6)	1 (0.2)	247 (40)	1558 (8.1)	604 (10)
CV mortality	NA	9 (1.1)	42 (2.3)	525 (16)	57 (6.1)	12 (1.3)	18 (2.5)	3 (0.3)	NA	183 (29)	605 (3.1)	544 (9.4)
Fatal heart failure	NA	2 (0.2)	0 (0)	141 (4.4)	NA	NA	6 (0.8)	0 (0)	NA	97 (16)	65 (0.3)	NA
Non-fatal heart failure	NA	14 (1.7)	36 (1.9)	907 (28)	NA	NA	25 (3.4)	2 (0.2)	1 (0.2)	202 (32)	244 (1.3)	234 (4.0)

Data are reported as median (5th-95th percentile) for follow-up (FU) or as number (%) for total mortality, cardiovascular (CV) mortality and fatal and non-fatal heart failure
NA: data not available within the cohort

ejection fraction below 40%. In HFGR, 25% of patients were classified into NYHA class I, 51% to class II, 23% to class III and 1% to class IV.

Fifty percent of patients in HULL LifeLab were classified to NYHA class II, 28% to class III and 2% to class IV. For TIME-CHF, 24% of the patients belonged to NYHA class II, 62% to class III and 14% to class IV.

DISCUSSION

Our database already includes 43065 subjects, of which more than half (51.6%) are older than 65 years and about 20% are older than 75 years. The main goal of the HOMAGE project is to provide a novel set of ‘omics’ based biomarkers that will greatly improve the detection of patients at risk of developing heart failure, improve the accuracy of diagnosis and identify patient subsets based on mechanistic phenotypes with a greater likelihood of response to targeted preventive therapies. The first step in this process is the development of the common database consisting of existing cohorts to validate the most promising biomarkers for the prediction of incident heart failure in elderly patients at risk of or with asymptomatic left ventricular dysfunction. Furthermore, the cohort will also provide epidemiological data from a wide number of partner institutions across Europe regarding the prevalence of comorbid conditions, treatments and outcomes in patients with cardiovascular disease and at high risk for developing heart failure as well as in patient with heart failure.

Most of the cohorts do not include patients with overt heart failure stage C and D as defined by the ACC/AHA working group.³⁴ Incident cases of heart failure, either using the definition supplied for the individual population and patient cohorts or using the common criteria developed by the adjudication committee, will be compared with matched controls, also selected from the included ‘healthy’ cohorts. This will be used to identify one or more biomarker ‘footprints’ for new-onset heart failure. Further prospective validation of this biomarker profile will be done, on the one hand, by identifying new cases of heart failure within the available cohorts that continue to follow their patients and, on the other hand, by setting up a new trial in elderly patients at high risk of heart failure investigating the safety and therapeutic response to mineralocorticoid receptor antagonists according to ‘omics’-based biomarker profiles.

Treating hypertension is highly effective at delaying the onset of and perhaps preventing heart failure in older people¹³⁵¹. However, not all antihypertensive agents are similarly beneficial, but the number needed

to treat is rather high^{136,37}. Other preventive therapies targeting glycemic control and cholesterol have been disappointing. Many patients with heart failure have associated comorbidities such as hypertension, diabetes mellitus, ischemic heart disease, atrial fibrillation, chronic lung disease, renal dysfunction and anemia. Stratification beyond such gross phenotypes using ‘omic’ technologies may help target therapeutic intervention more safely and effectively.

Candidate ‘omics’-based biomarkers (**Supplementary Table 3**, available online) relevant to heart failure, processes of aging, inflammation, fibrosis or myocyte damage and related to main comorbid conditions of heart failure in elderly people have been selected after a systematic search of relevant scientific and patent databases after consulting experts within the present HOMAGE consortium. All candidate biomarkers have passed the discovery and verification phase, are published or patented by SMEs or academic groups, including groups in the HOMAGE consortium and are readily measurable by available techniques. Emphasis is on validation of clinically useful biomarkers that can predict the risk of developing heart failure, help make an early diagnosis or help choose the right treatment, at the right time for the right patient. The consortium is also open for discovery of novel markers, novel insights into pathophysiology and identification of novel therapeutic targets.

Each investigator of the HOMAGE consortium can propose analyses using the information available in the common database that eventually could lead to the discovery of new biomarkers, patents or publications.

In conclusion, HOMAGE has assembled a very large set of international data and biological samples focusing on patients at risk of, or with heart failure, that will be an important platform for bio-marker discovery. This research will increase understanding of the mechanisms underlying the development and progression of heart failure. It will also focus attention on the need to select, more precisely, treatments that are safe and highly effective rather than the traditional cardiovascular approach that often relies on modest average benefits, at a population level, that usually reflects the net impact of a large benefit in a few and no effect or harm in others. We should and can do better than this!

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